



Government of **Western Australia**
Department of **Health**

WOMEN AND NEWBORN HEALTH SERVICE

SIZE 2 MEDIUM MITCHELL
TO FIT CHEST 36 CM OR 14 INCH
ACTUAL MEASUREMENT 35 CM OR 16 INCH
SLEEVE LENGTH 14 CM OR 5½ INCH
NEEDLE SIZES 2¾ AND 3¼.

BACK

Using needles 2¾ cast on 57 st.

1st Row (right side) K1, PL. * rep from * to * to last st K1.

2nd Row * K1, P1 * rep from * to * to end

Rep. these 2 rows 4 times more.

Change to 3¼ mm needles and work in st st (1 row K, 1 row P) starting with a K row until back measures 12 cm from the beginning, ending with a P row.

Cast of f 2 st at beg. Of next 2 rows.

Break of wool and st on a holder.

KNIT 12 ROWS BETWEEN BOTTONHOLES (5 BUTTONHOLES)

LEFT FRONT

Using 2¾ mm needles cast on 35 st. and work 4 rows in rib as given for back.

BOYS ONLY

Buttonhole row, Rib to last 4 st. yfwd, K2tog. rib 2. Cont in rib as given for back.

Next row change to needles 3¼ and work 9 st in rib. K to end.

Keep front band going and work the front as given for back Last row P.

Next row cast of 2 st k. to end p. 1 row. Break of wool put st on holder.

RIGHT FRONT

Using 2¾ mm needles cast on 35 st and work 4 rows in rib as given for back.

GIRLS ONLY

Buttonhole row Rib 3 yfwd K2tog. Rib to end. Cont in rib as given for back.

Next row k. to last 9 st. rib to end. Cont 9 st for front band and work until front measures same as back.

Next row cast of 2 st at armhole Break of wool and put st on holder.

SLEEVES (both alike)

Using 2¾ mm needles, cast on 29 st and work 4 rows in rib as given for back.

Change to 3¼ mm needles and work in st st starting with a K row, inc 1 st at each end of 5th and every foll 4th row to 47 st.

Cont without shaping until sleeve measures 14 cm from beg. Ending with a P row.

Next row. Cast of 2 st, at beg of next 2 rows.

Break of wool and put sts on holder.



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SHAPE TOP.

Keep band at all times.

With right side facing put all sts on one needle beg with right front, sleeve, back, sleeve, left front.

Next row rib 9 sts. K. to last 9 sts rib 9.

Next row rib 9 sts. P to last 9 rib 9.

Row 1

Rib 9 K 21 K2tog. K 2 s1, K1 pssso. K 37 K2tog. K2, s1, K1 pssso. K 47 K2tog. K2, s1, K1 pssso. K37 K2tog K2, s1, K1 pssso. K21 rib 9.

Purl every alt row.

Row 3

K 24 s1, K1 pssso. K 35 K2tog K53 s1, K1 pssso. K 35 K2tog. K 24.

Row 5

K 12 K2tog K2, s1, K1 pssso. K 33 K2tog. K2, s1, K1 pssso K45 K2tog K2, s1, K1 pssso. K 33 K2tog. K2, s1, k1 pssso K20.

Row 7

K 23 s1, k1 pssso. K 31 K2tog. K51 s1, k1 pssso K 31 K2tog K2 s1, K1 pssso K 23.

Row 9

K 19 K2tog K2, s1, K1 pssso K29 K2tog K2, s1, K1 pssso K43 K2tog K2, s1, K1 pssso K29 K2tog K2, s1, K1 pssso K19.

Row 11

K 22 s1, K1 pssso. K 27 K2 tog K 49 s1, k1 pssso K 27 K 2tog K22.

Row 13

K18 K2tog K2, s1, k1 pssso K25 K2tog K2, s1, k1 pssso K41 K2tog K2, s1, k1 pssso K25 K2tog K2, s1, k1 pssso K18.

Row 15

K 17 K 2tog K2 s1, K1 pssso K23 K 2tog K2 s1, K1 pssso K 39 K 2tog K2 s1, K1 pssso K23 K 2tog K2 s1, K1 pssso K 17.

Row 17

K16 K2tog K2 s1, K1 pssso K21 K2tog K2 s1, k1 pssso K37 K 2tog K2, s1, K1 pssso K21 K2tog K2 s1, k1 pssso K16.

Row 19

S1, K1 pssso K13 K 2tog K2 s1, K1 pssso K19 K2tog K2 s1, K1 pssso K35 K 2tog K2 s1, K1 pssso K19 K2 tog K2 s1 K1 pssso K13 K2tog.

Row 21

K 13 K 2tog K2 s1, K1 pssso K17 K 2tog K2 s1, K1 pssso K33 K 2tog K2 s1, K1 pssso K 17 K 2tog K2 s1, K1 pssso K13.

Row 23

S1, k1 pssso K10 K 2tog K2 s1, k1 pssso K15 K 2tog K2 s1, K1 pssso K31 K 2tog K2 s1, K1 pssso K 15 K 2tog K2 s1, K1 pssso K10 K 2tog.

Row 25

K10 K 2tog K2 s1, K1 pssso K 13 K 2tog K2 s1, K1 pssso K29 K 2tog K2 s1 K1 pssso K13 K 2tog K2 s1, K1 pssso K10.

Row 27





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S1, K1 pssso K7 K 2tog K2 s1, K1 pssso K11 K2 tog K2 s1, K1 pssso K27 K 2 tog K 2 s1, K1 pssso K11 K 2tog K2 s1, K1 pssso K7 K 2 tog.

Row 29

S1, k1 pssso K5 K 2 tog K2 s1, K1 pssso K9 K 2tog K2 s1, K1 pssso K 25 K 2tog K2 s1, K1 pssso K9 K 2tog K2 s1, K1 pssso K5 K 2tog.

Row 31

S1, K1 pssso K3 K 2tog K2 s1, K1 pssso K7 K 2 tog K2 s1, K1 pssso K23 K 2 tog K2 s1, K1 pssso K 7 K 2tog K2 s1, K1 pssso K3 K 2tog.

Row 33

S1, K1 pssso K1 K 2tog K2 s1, K1 pssso K5 K 2tog K2 s1, K1 pssso K21 K 2tog K2 s1, K1 pssso K5 K 2tog K2 s1, K1 pssso K1 K 2tog.

Row 35

Rib 9 sts Cast of until 9 last sts Rib to end

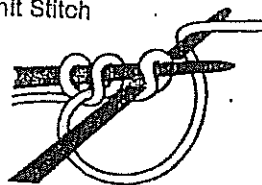
Rib 28 rows on both sides.

CASTING ON IN RIB

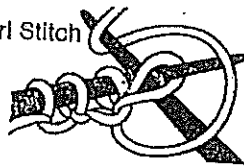
This method uses a pair of needles, and is suitable only for K1, P1 rib.

Make a slip loop and place on left-hand needle. Insert right-hand needle in loop purl-ways, purl a stitch and slip onto left-hand needle (taking care not to twist the st). **Insert right-hand needle knitways between last 2 sts and knit a stitch, slip the stitch onto left-hand needle, insert right-hand needle purl-ways between last 2 sts and purl a stitch, slip the stitch made onto left-hand needle. Repeat from ** for required number of stitches.

Knit Stitch



Purl Stitch



mattress stitch

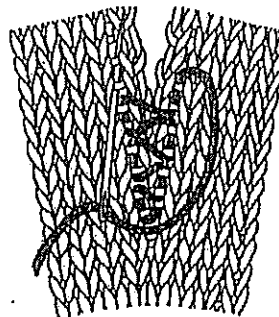
This seam will give your handknit a professional finish. Even if you have always used backstitch or oversewn seams, try this method and you will be surprised how easy it is and how much better the seams look and feel.

Mattress stitch should be worked one whole stitch in from the edge. It can even be worked on shaped edges - as you are working from the right side, it is easy to see where you are and to keep the seam neat and straight.

When starting, leave a long end which can be secured by running it back along the edge when the seam is completed. If the seam needs to be undone, simply pull this end, drawing the yarn through the stitches.

1. With right side facing you, lay the two pieces to be joined flat and edge to edge. Thread a knitter's needle and insert the needle between the edge stitch and the second stitch on the first row. Pass the needle under two rows, then bring it back through to the front.
2. Return to the opposite side and, working under two rows at the same time throughout, repeat this zigzag action always taking the needle under the strands that correspond exactly to the other side, and going into the hole that the last stitch on that side came out of, taking care not to miss any rows.

The mattress stitch stitching should be elastic without being loose — while working keep your held firm, not pulling sts too tightly.

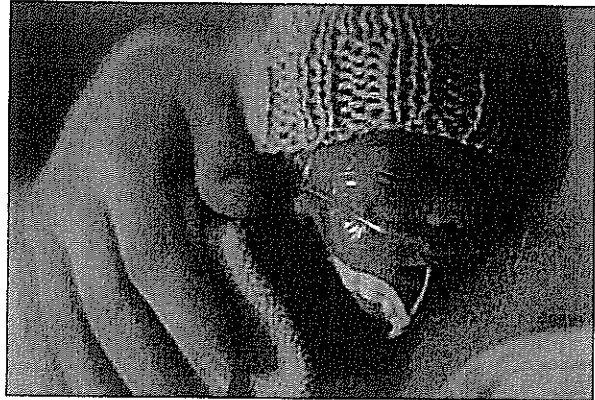




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**Special Care Nursery
V Neck cardigans only**



Materials

Patons Big Baby 4ply, 100 gram balls
Small and medium sizes should get 2 garments out of 1 ball
Needles 2.75mm and 3.25mm
For all sizes buttons
4 - 15 mm or 1 ½ cm (small & medium)

Mitchell

Please choose which of the four patterns you would like to make

Please note

We would like you to try the special cast on method noted at the bottom of the last page as this would make it easier for nurses to keep tiny fingers from getting entangled. It should also be noted that all seams be kept as flat as possible. We suggest that they be sewn using the mattress stitch.

The patterns have been designed especially for King Edward Memorial Hospital Special Care Nursery and need to be plain e.g. no patterns with lacey holes, although cables, moss stitch or stripes will be accepted.