

K.E.M.H. BOOTEES FOUR SIZES

Using 4ply synthetic yarn (eg nylon or acrylic) and 3mm needles cast on 28 32 (36 and 36) stitches

1st and alternate rows knit

2nd row Knit into the front and back of first stitch, K 12 14 (16 and 16). Knit into the front and back of the next two stitches K 12 14 (16 and 16). Knit into the front and back of last stitch

4th row Knit into the front and back of first stitch K 14 16 (18 and 18) Knit into the front and back of the next two stitches K 14 16 (18 and 18) Knit into the front and back of last stitch

6th row Knit into the front and back of first stitch K 16 18 (20 and 20). Knit into the front and back of the next two stitches K 16 18 (20 and 20). Knit into the front and back of last stitch.

8th row Knit into the front and back of first stitch K 18 20 (22 and 22) Knit into the front and back of the next two stitches K 18 20 (22 and 22) Knit into the front and back of last stitch.

10th row Knit into the front and back of first stitch K 20 22 (24 and 24) Knit into the front and back of the next two stitches K 20 22 (24 and 24) Knit into the front and back of last stitch 52 stitches and 56 stitches.

FOR SIZE 4 ONLY

12th row. Knit into the front and back of first stitch K26. Knit into the front and back of the next two stitches K26 Knit into the front and back of last stitch 60 stitches..

Knit 4 rows garter stitch

Shape instep

1st row K 28 30 (34 and 36) S1 K1, PSSO, turn

2nd row K 8 10 (12 and 14) S1 K1 PSSO, turn

Repeat second row until 31 35 (39 and 43) stitches remain. Knit to the end of the row.

Using 2.75mm needles knit 1 purl 1 plain for 15 17 (20 and 20) rows

Cast off loosely in rib.

Sew seams together to form a sock.

The middle size is the preferred one for the made up packs. The other two sizes are used in the Special Care Nursery. The smallest size is for tiny special care and Perinatal loss.

KNITTED CAP (suitable for the packs)

Using 3 ¼ needles and 4ply synthetic yarn(eg nylon or acrylic) cast on 100 stitches

1 plain, 1 purl for 3cms

Stocking stitch until work measures 7cms

Shape crown

K1 *K6, K2 tog. Repeat from * to end of row

Purl

K1, * K5, K2 tog. Repeat from * to end of row

Purl

K1,*K4, K2 tog. Repeat from * to end of row

Purl

K1, *K3, K2 tog. Repeat from * to end of row

Purl

K1, *K2, K2 tog. Repeat from* to end of row

Purl

K1,* K1, K2 tog. Repeat from * to end of row

Purl 2 tog to end of row. Break yarn, thread through remaining stitches.

Pull up and fasten. Join back seam.

Makes a 12cms deep cap

TINY KNITTED CAP (suitable for Perinatal Loss)

Using 3 ¼ needles and 4ply synthetic yarn (eg acrylic or nylon) cast on 40 stitches

Knit 6 rows 1 plain 1 purl

Knit 8 rows in stocking stitch

Follow above decreasing layoutw

50 stitches also works

Makes cap about 7cms deep